



Contraindications & Considerations for Endospheres

ENDOSPHERES (BODY)

Absolute NO:

- Pregnancy/breastfeeding
- Deep vein thrombosis
- Phlebitis
- Severe varicose veins
- Taking anticoagulant drugs
- Irremovable piercings in the treatment area
- Active cancer or cancer treatments in the past five years (unless doctor's clearance is received)
- Surgery in the past three months (unless doctor's clearance is received)
- Active eczema or psoriasis in the treatment area
- Presence of an active skin and/or bacterial infection
- Open wounds or skin in the treatment area
- Diastasis recti
- Implants
- Hernia

Consult Physician:

- Circulatory disorders
- Mesh inserts in or adjacent to the desired treatment area
- Lymphatic disorders

ENDOSPHERES (FACIAL)

Absolute NO:

- Pregnancy/breastfeeding
- Deep vein thrombosis
- Phlebitis
- Severe varicose veins
- Taking anticoagulant drugs
- Irremovable piercings in the treatment area
- Active cancer or cancer treatments in the past five years (unless doctor's clearance is received)
- Surgery in the past three months (unless doctor's clearance is received)
- Active eczema or psoriasis in the treatment area
- Presence of an active skin and/or bacterial infection
- Open wounds or skin in the treatment area
- Implants
- Fillers in the past 30 days
- Botox in the past 30 days
- Active Acne
- PDO Threads in the past 90 days

Consult Physician:

- Circulatory disorders
- Mesh inserts in or adjacent to the desired treatment area
- Lymphatic Disorders
- Rosacea

CONTRAINDICATIONS & CONSIDERATIONS CHART

Please note: If your client presents with a serious health concern not listed, please ask that they consult with their physician before receiving treatments.

TREATMENT TYPE	CONTRAINDICATION	CATEGORY	REASONING
All Treatments	Pregnancy/ breastfeeding	Absolute NO	The Endospheres treatment carries out a profound stimulation of the lymphatic system. The effects of accelerated metabolism on the fetus and/or breastmilk are unknown.
All Treatments	Deep vein thrombosis	Absolute NO	Endospheres promotes increased circulation which could potentially move the blood clot to a major artery and cause an infarction.
All Treatments	Phlebitis	Absolute NO	Endospheres promotes increased circulation which could potentially move the blood clot to a major artery and cause an infarction.
All Treatments	Severe varicose veins	Absolute NO	If you are not a licensed physician, you must avoid treating severe varicose veins, where risks to the client may be possible. The risks involved include perforation of the varicose veins and the danger of bleeding.
All Treatments	Taking anticoagulant drugs	Absolute NO	Due to the reason clients are taking anticoagulant drugs (to help prevent blood clots), it's contraindicated to use a therapy promoting increased circulation, which could potentially move the blood clot to a major artery and cause an infarction.

TREATMENT TYPE	CONTRAINDICATION	CATEGORY	REASONING
All Treatments	Irremovable piercings in the treatment area	Absolute NO	The rapid rotation of the spheres could disrupt or tear the piercing and damage the handpiece.
All Treatments	Active cancer or cancer treatments in the past five years (unless doctor's clearance is received)	Absolute NO	The 5-year rule is based on an Italian regulation. However, should the client wish to receive treatment within those five years, it is required that the oncologist gives consent to the treatment. Endospheres can only then be done to help lymphatic drainage and eliminate toxins. The client must be free of cancer and no longer undergoing cancer treatments because the movement of the lymph risks metastasis.
All Treatments	Surgery in the past three months (unless doctor's clearance is received)	Absolute NO	Depending on the surgery site and type of surgery, treatment might interfere with the healing process due to the impact on the lymphatic system.
All Treatments	Active eczema or psoriasis in the treatment area	Absolute NO	The treatment should not be performed over active eczema or psoriasis due to the risk of spreading or worsening these skin issues and producing additional irritation.
All Treatments	Presence of an active skin and/or bacterial infection	Absolute NO	Risk of transmission and increased safety risk to the client.

TREATMENT TYPE	CONTRAINDICATION	CATEGORY	REASONING
All Treatments	Open wounds or skin in the treatment area	Absolute NO	Risk of infection.
Body Treatments	Diastasis Recti	Absolute NO	Muscles protect the organs, which is why treatment can make the Diastasis Recti worse if it's not fully healed. Clients who have had surgery or have a history of, must wait a minimum of 1 year before beginning treatment and receive full clearance.
All Treatments	Implants	Absolute NO	Endospheres is a mechanical treatment, which is why all superficial implants must be avoided.
Body Treatments	Hernia	Absolute NO	Hernias occur when an organ pushes through an opening in the muscle or tissue and typically occur in the following areas: abdomen, upper thigh, and groin. Due to the treatment area for Endospheres ranging from skin to muscle and multiple maneuvers of the treatment acting on the abdomen, thigh, and groin area, Endospheres can worsen a hernia. Clients who have had surgery or have a history of, must wait a minimum of 1 year before beginning treatment and receive full clearance.

TREATMENT TYPE	CONTRAINDICATION	CATEGORY	REASONING
All Treatments	Circulatory disorders	Consult Physician	Clients with circulatory disorders should consult their physician as this will likely be determined on a case-by-case basis.
All Treatments	Mesh inserts in or adjacent to the desired treatment area	Consult Physician	Potential disruption of the insert.
All Treatments	Lymphatic disorders	Consult Physician	Clients with lymphatic disorders must consult their physician before treatment due to the impact Endospheres has on the lymphatic system.
Facial Treatments	Fillers in the past 30 days	Absolute NO	Treatment before the end of the 30-day waiting period may be disruptive to the filler injections and may move the fillers beneath the skin.
Facial Treatments	Botox in the past 30 days	Absolute NO	Treatment before the end of the 30-day waiting period may be disruptive to the Botox injections
Facial Treatments	Active acne	Absolute NO	Risk of spreading bacteria.
Facial Treatments	PDO Threads in the past 90 days	Absolute NO	Treatment before the end of the a 90-day waiting period may be disruptive because the excess facial movement can break the thread. Heat can also potentially dissolve the threads.

TREATMENT TYPE	CONTRAINDICATION	CATEGORY	REASONING
Facial Treatments	Rosacea	Exercise Caution	Use lower frequencies than normal to evaluate the client's response at the end of treatment; however, if the client presents with inflammatory rosacea, it's highly recommended to not complete the treatment.